

## Elder Care Bibliography

Baker, Beth. (2007). Old Age in a New Age: The Promise of Transformative Nursing Homes.

Baum, Daniel Jay. (2007). Assisted Living for Our Parents: A Son's Journey.

Berman, Claire. (2005, Third Edition). <u>Caring for Yourself While Caring for Your Aging Parents</u>, <u>How to Help, How to Survive</u>.

Brener, Anne, L.C.S.W. (2001). <u>Mourning & Mitzvah: A Guided Journal for Walking the Mourner's Path Through Grief to Healing.</u>

Butler, Katy. (2014). Knocking on Heaven's Door: The Path to a Better Way of Death

Callanan, Maggie. Kelley, Patricia. (1992). <u>Final Gifts: Understanding the Special Awareness</u>, Needs and Communications of the Dying.

Callone et all. (2005). Alzheimer's Disease: A Handbook for Caregivers, Family, and Friends

Davidson, Ann. (2006). A Curious Kind of Widow: Loving a Man with Advanced Alzheimer's.

Gross, Jane. (2011). A Bitter-Sweet Season – Caring for Our Aging Parents and Ourselves

Jacobs, Barry. (2006). <u>The Emotional Survival Guide for Caregivers - Looking After Yourself and Your Family While Helping an Aging Parent.</u>

Kessler, Lauren. (2007). Dancing with Rose: Finding Life in the Land of Alzheimer's

Kind, Viki, MA. (2010). Caregiver's Path to Compassionate Decision Making

Kuhn, Daniel, MSW. (2003). <u>Alzheimer's Early Stages: First Steps for Family, Friends and Caregivers.</u>

Lebow, Grace. (1999). Coping with Your Difficult Older Parent: A Guide for Stressed-Out Children

Legacy Caregiver Services. (2006, Second Edition). <u>The Caregiver Helpbook: Powerful Tools for Caregivers.</u> (To order book go to: <a href="http://www.legacyhealth.org/body.cfm?id=691">http://www.legacyhealth.org/body.cfm?id=691</a> or call 503-413-8018 or 1-877-701-4999)

Mace, Nancy. Rabins, Peter. (Third Edition). <u>The 36-hour Day: A Family Guide to Caring for People with Alzheimer's Disease, Other Dementias, and Memory Loss in Later Life.</u>



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McCullough, Dennis Dr. (2008). My Mother, Your Mother: Embracing Slow Medicine, the Compassionate Approach to Caring for Your Aging Loved One.

Russo, Francine. (2010) <u>They're YOUR Parents Too! How Siblings Can Survive Their Parents'</u> <u>Aging Without Driving Each Other Crazy.</u>

Samples, Pat. Larsen, Diane and Marvin. (2000). <u>Self-Care for Caregivers: A Twelve Step Approach</u>.

Satow, Robert, Ph.D. (2005). <u>Doing the Right Thing, Taking Care of Your Elderly Parents Even if They Didn't Take Care of You.</u>

Solie, David. (2004). How to Say It to Seniors: Closing the Communication Gap with Our Elders

Viorst, Judith. (1998). <u>Necessary Losses: The Loves, Illusions, Dependencies and Impossible</u>
<u>Expectations That All of Us Have to Give Up in Order to Grow</u>

## **End of Life Reading List**

Arcarase, Brian (2010) <u>Preparing Emotionally for the Death of a Loved One: Coping Tools for the Dying Process, to Ease Grief After</u>

Bauer-Maglin, Nan. et al (2009) Final Acts: Death, Dying, and the Choices We Make

Brent, Carolyn (2011) Why Wait? The Baby Boomers' Guide to Preparing Emotionally, Financially and Legally for a Parent's Death

Butler, Katy (2014) Knocking on Heaven's Door: The Path to a Better Way of Death

Callanan, Maggie (2009) <u>Final Journeys: A Practical Guide for Bringing Care and Comfort at the End of Life</u>

<u>De Sano Iacovozzi, Damiano</u> (2010) <u>Sooner or Later: Restoring Sanity to Your End of Life Care</u> Gawande, Atul. (2014). <u>Being Mortal</u>

Kessler, David (2007) <u>The Needs of the Dying: A Guide for Bringing Hope, Comfort, and Love to Life's Final Chapter</u>

Nuland, Sherwin (1995) How We Die: Reflections on Life's Final Chapter, New Edition

Rando, Therese A. (1991) How To Go On Living When Someone You Love Dies

Whitley Bell, Karen (2011) <u>Living at the End of Life: A Hospice Nurse Addresses the Most</u> Common Questions

